



National Acupuncture Detoxification Association Acupuncture Detoxification Specialist (ADS) Training

Developed in the 1970s at Lincoln Hospital in the South Bronx, the National Acupuncture Detoxification Association (NADA) protocol was first used as a supportive component in drug and alcohol treatment settings. The 21st century has brought a remarkable expansion in the use of the NADA protocol, expanding its scope to include the use of this treatment for behavioral health, including addictions, mental health, and disaster and emotional trauma.

In NH, its use is approved for behavioral health applications by any licensed health care professional, recovery coaches, peer counselors. Non-licensed professionals can also be approved by the Acupuncture Licensing Board. Completion of this training enables certification by NH to practice as an AcuDetox Specialist (ADS), requiring general supervision by a licensed, NADA trained acupuncturist. Rhode Island, Vermont, Connecticut, Maine and more, have NADA laws with other, sometimes more limited parameters regarding allowed practice.

Benefits of the NADA protocol: reduced withdrawal symptoms, facilitation of mindfulness, increased calmness, better sleep, relief from stress and emotional trauma, discovery of inner strength and quiet, easier connection with counseling, and an intention for recovery.

Our training program is a unique model of public-health education and care. A total of 70 hours of training and clinical practice combines to complete the training (includes prior or current attendance at support meetings). Some Clinical supervision will occur at Hope for NH in Manchester, NH. Saturday, September 21st, is a large recovery gathering in Manchester, Rally4Recovery NH, where we will have a presence and you are welcome to come join our group there. We serve healthy snacks!

Where: Hope for NH Manchester, 293 Wilson St, Manchester, NH.

When: September 14, 15 & 28, 29, 2019 (Sat-Sun, Hours: 9am-6pm). **Cost:** \$490.00 – (325.00 Didactic Training fee, plus 165.00 for training materials, NADA membership and application fee). Subtract \$35 from the NADA membership fee for seniors, or students with a student ID. If already a member of NADA, subtract 70.00 from total fee.

Trainer: Laura Cooley, LAc.

For more information: Contact Laura Cooley at 603 276 9158, or Laura@AcuAid.net

To hold your space in the training, send \$125 deposit and fill out information below to register:

Name: _____

Address: _____

Phone: _____ E-mail: _____

Cell phone- for emergency, last minute contact _____

Place of employment: _____

Position/role: _____ Type of license (if applies) _____

CEUs: CEUS for acupuncturists pending, the class is 32 CEUs, Category 1, through the CA Board (Provider# CEP810), which are acceptable to NCCAOM issued through Public Health Acupuncture of New Mexico (PHANM). NCCAOM will accept courses approved for a state licensing board. There 30 Core, 1 Safety and 1 Ethics CEUs. CEUS for NH LDAC, CRSW, MLDAC and LCS will be provided.

Payment: We accept checks & credit cards. Please make your check payable to Laura Cooley. Mail (or email) registration form and check to: Laura Cooley, 22 Forrest Tallman Rd, Orford, NH 03777. For Credit Card payments, contact via email Laura@AcuAid.net, or call 603 276 9158. Refunds: 100% up to 3 weeks prior, and 25% up to a week prior (remainder can apply to future training).

Laura Cooley, LAc, is a licensed acupuncturist and Registered National Acupuncture Detoxification Association (NADA) Trainer. She received her acupuncture and Chinese herbal training through a 4-year apprenticeship in Austin, Texas. Nationally certified in acupuncture (NCCAOM), she holds a license in Vermont and New Hampshire. Laura is trained in Somatic Experiencing, a nervous system based trauma resolution therapy developed by Peter Levine, and Hakomi, a body-centered psychotherapy.

New England- Founder of New England Public Health Acupuncture Network, LAcS and ADSes dedicated to integrating acupuncture, ear acupuncture and other self regulating techniques into the public health system and into the hands of community members in New England.

Legislative Work- Facilitating the passage of a NADA Bill in Texas, Louisiana, Rhode Island and New Hampshire successfully allowing for AcuDetox Technicians, and advocating for expanded access to Acudetox in NH, VT and Montreal, Medicaid coverage of acupuncture for pain management.

Texas-Volunteer Director of acupuncture services for the Austin HIV Wellness Center and for 9 years in Texas and had a private practice specialized in treating those who are HIV+. Texas Organizer for the Hakomi Institute.

Disaster Work-Post 9/11, Katrina, and Gulf Oil Spill. Volunteered with CRREW (Community Relief & Rebuilding through Education and Wellness). CRREW was formed in the aftermath of 9/11, offering ear acupuncture based and wellness education to First Responders and others directly affected by the events of 9/11, the devastating Gulf Coast hurricanes, and the Gulf Oil Spill.

NADA (National Acupuncture Detoxification Association)-

Trained over 700 professionals in the use of AcuDetox, including the staff of St Vincent's Hospital in Manhattan post 9/11, First Responders and laypersons in New Orleans after Katrina, numerous Native American Reservations and Pueblos, Vermont and Montreal. Supervises programs that use this tool in drug treatment programs, jails, hospital settings, homeless and HIV outreach programs, among others. Served as NADA's legislative liaison, initiating and assisting in the passage of laws allowing increased access to acupuncture for the general public.

Media and Educational Tools-

For four years wrote for *Guidepoints*; a Professional Newsletter for Innovative Treatments for Addictions and Mental Illness.

Produced, directed, and co-edited "*Unimagined Bridges, Ear Acupuncture for Disaster Trauma*", an 18-minute film documenting the ear acupuncture program at St Vincent's Hospital in lower Manhattan, post 9/11 attacks.

Freedom & Unity: The Vermont Movie: A 9-hour documentary on the history of VT culture, Barnstorming Tour through Vermont, bookkeeping, Youth Film Contest, general assistant to the Executive Director, Nora Jacobson.